

Qualification

Level 3 Diploma in Adult Care (603/2939/7)





Course Description

The **Level 3 Diploma in Adult Care** is a professional qualification designed to develop the knowledge, skills, and behaviours required for competent practice within adult care settings. It prepares learners to deliver high-quality, person-centred care while promoting dignity, independence, wellbeing, and safeguarding for individuals with a wide range of care and support needs.

This qualification provides comprehensive learning across communication, safeguarding, equality and inclusion, health and safety, mental health, dementia care, disability awareness, person-centred practice, medication support, and professional development. Successful completion prepares learners for employment within adult social care services and supports progression to higher-level qualifications and career development within the health and social care sector.

Course Structure

The **Level 3 Diploma in Adult Care** consists of **20 units**:

**UNIT
01**

**Promote
Communication in
Care Settings**

**UNIT
02**

**Promote Effective
Handling of
Information in
Care Settings**

**UNIT
03**

**Promote Personal
Development in
Care Settings**

**UNIT
04**

**Promote
Person-Centred
Approaches in
Care Settings**



**UNIT
05**

**Promote Equality
and Inclusion in
Care Settings**

**UNIT
06**

**Promote Health,
Safety and
Wellbeing in
Care Settings**

**UNIT
07**

**Responsibilities of
a Care Worker**

**UNIT
08**

**Duty of Care in
Care Settings**

**UNIT
9**

**Safeguarding and
Protection in Care
Settings**

**UNIT
10**

**Understand
Mental Well-Being
and Mental Health
Promotion**

**UNIT
11**

**Understand
Mental Health
Problems**

**UNIT
12**

**Understand
Sensory Loss**

**UNIT
13**

**Understand
Models of
Disability**

**UNIT
14**

**Understand the Diversity of Individuals with
Dementia and the Importance of Inclusion**

**UNIT
15**

**Understand
Physical Disability**

**UNIT
16**

**Understand the
Process and
Experience of
Dementia**

**UNIT
17**

**Understand
Advance Care
Planning**

**UNIT
18**

**Understand the
Factors Affecting
Older People**

**UNIT
19**

**Introduction to
Personalisation in
Social Care**

**UNIT
20**

**Understand the Administration of Medication to
Individuals with Dementia Using a Person-Centred
Approach**



How We Support You – Our Support and Delivery Model

Our courses are designed to be accessible, supportive, and suitable for learners at all levels. All learning materials are written in clear, straightforward language to help learners build understanding and confidence.

Courses are delivered entirely through **self-paced distance learning** via our online platform, enabling learners to study flexibly alongside work, education, or personal commitments.

Learners have continuous access to tutor support throughout their course. Tutors can be contacted via the VLE or email, with responses typically provided within 24 to 48 hours.

Additional **on-demand support sessions** may be arranged where required. Regular **live webinars** are also offered, subject to tutor availability, providing opportunities for engagement, questions, and reinforcement of learning.

Assessment Process

Assessment is completed through:

Written assignments

Witness testimony

There are **no formal examinations**. Assessment focuses on demonstrating knowledge, understanding, and occupational competence through written work and evidence gathered within the workplace.

Course Duration

The course offers **315 Guided Learning Hours (GLH)** and is delivered through flexible, self-paced learning. It can typically be completed within approximately **9–12 months**, depending on the learner's own pace. Course access expires after one year, and a re-enrolment charge is applicable.



Our Process

01.

Choose & Pay for Your Course Online

Select your desired course and payment method online. Opt for either full payment or convenient monthly instalments where available. Complete your payment after filling out the application form.

02.

Fill Out the Enrolment Form

After payment, you will be prompted to complete the enrolment form. This form gathers all necessary details required for your registration with the awarding organisation.

03.

Access the VLE – Moodle

Start your course on our user-friendly Virtual Learning Environment (VLE). Here, you will find all learning materials, resources, and guidance required to support your studies. Your dedicated tutor will guide you through the process and provide feedback throughout your learning journey.

04.

Submit Assignments & Receive Feedback

Engage in the learning process by submitting assignments through the VLE. Your assigned tutor will provide constructive feedback to help you refine your work and make progress in your studies.

05.

Successfully Complete Assignments

Work diligently to complete all required course components and assessment tasks. Your commitment and effort will contribute to successful course completion.

06.

Obtain Your Accredited Certificate

Upon successfully completing the course, your work will undergo internal quality assurance and external verification. Once approved, you will receive an Ofqual-regulated accredited certificate recognising your achievement.



Course Brochure Takeaways

A nationally
recognised
Level 3 qualification
in Adult Care

Ideal for those
working or
aspiring to work in
adult care
settings

Flexible online,
self-paced study
with dedicated
tutor support

No formal
exams – assessed
through assignments
and workplace
evidence

Develops practical
skills in person-
centred care,
safeguarding,
communication,
and health and
wellbeing

Supports
progression
to senior care roles
and higher-level
health and
social care
qualifications

Level 3 Diploma in Adult Care

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