



Excelon  
Learning

Qualification

# Level 2 Certificate in Understanding Children and Young People's Mental Health (603/2813/7)

**NCFE**





## Course Description

The **Level 2 Certificate in Understanding Children and Young People's Mental Health** is a qualification that develops learners' knowledge of mental health in relation to children and young people. It explores how mental health develops, factors that influence wellbeing, and how mental health difficulties may affect young people.

The course focuses on awareness, early identification, person-centred support, and the role of professionals in promoting mental health and wellbeing. It is regulated under the **Regulated Qualifications Framework (RQF)** and is suitable for learners seeking personal development, employment knowledge, or progression into further study in health, social care, or education.

## Course Structure

The **Level 2 Certificate in Understanding Children and Young People's Mental Health** consists of **five mandatory units**:

**UNIT  
01**

Understand children and young people's mental health in context

**UNIT  
02**

Understand factors which may affect children and young people's mental health

**UNIT  
03**

Understand children and young people's mental health concerns

**UNIT  
04**

Understand the impact of children and young people's mental health concerns

**UNIT  
05**

Understand how to support children and young people with mental health concerns



## How We Support You – Our Support and Delivery Model

Our courses are designed to be accessible, supportive, and suitable for learners at all levels. All learning materials are written in clear, straightforward language to help learners build understanding and confidence.

Courses are delivered entirely through **self-paced distance learning** via our online platform, enabling learners to study flexibly alongside work, education, or personal commitments.

Learners have continuous access to tutor support throughout their course. Tutors can be contacted via the VLE or email, with responses typically provided within 24 to 48 hours.

Additional **on-demand support sessions** may be arranged where required. Regular **live webinars** are also offered, subject to tutor availability, providing opportunities for engagement, questions, and reinforcement of learning.

### Assessment Process

Assessment is completed through:

**Written assignments**

There are **no formal examinations**. Assessment focuses on demonstrating understanding, awareness, and the ability to apply knowledge appropriately in relation to children and young people's mental health.

### Course Duration

The course offers **135 Guided Learning Hours (GLH)** and is delivered through flexible, self-paced learning. It can typically be completed within approximately **3–4 months**, depending on the learner's own pace. Course access expires after one year, and a re-enrolment charge is applicable.



## Our Process

**01.**

### Choose & Pay for Your Course Online

Select your desired course and payment method online. Opt for either full payment or convenient monthly instalments where available. Complete your payment after filling out the application form.

**02.**

### Fill Out the Enrolment Form

After payment, you will be prompted to complete the enrolment form. This form gathers all necessary details required for your registration with the awarding organisation.

**03.**

### Access the VLE – Moodle

Start your course on our user-friendly Virtual Learning Environment (VLE). Here, you will find all learning materials, resources, and guidance required to support your studies. Your dedicated tutor will guide you through the process and provide feedback throughout your learning journey.

**04.**

### Submit Assignments & Receive Feedback

Engage in the learning process by submitting assignments through the VLE. Your assigned tutor will provide constructive feedback to help you refine your work and make progress in your studies.

**05.**

### Successfully Complete Assignments

Work diligently to complete all required course components and assessment tasks. Your commitment and effort will contribute to successful course completion.

**06.**

### Obtain Your Accredited Certificate

Upon successfully completing the course, your work will undergo internal quality assurance and external verification. Once approved, you will receive an Ofqual-regulated accredited certificate recognising your achievement.



## Course Brochure Takeaways

A nationally  
recognised  
Level 2  
qualification

Focused  
specifically  
on children and  
young people's  
mental health

Flexible, self-paced  
online learning

No exams or  
placement  
requirements

Supports  
progression  
into health, care,  
education, and  
youth work  
pathways

## Level 2 Certificate in Understanding Children and Young People's Mental Health

Apply Now