

## Qualification

# Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings (600/4797/5)





## Course Description

The **Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings** is an introductory qualification designed to provide learners with essential knowledge and understanding of the health, social care, and children's and young people's sectors. It introduces how different care services operate, the roles of professionals within these settings, and the fundamental principles that guide safe and effective care practice.

This qualification is ideal for learners who are beginning their journey into the care sector and want to understand how support is provided to adults, children, and young people in a variety of settings. It helps learners build awareness of safeguarding, communication, equality, health and safety, and person-centred approaches while developing foundational knowledge that supports progression into further health, social care, or childcare qualifications.

## Course Structure

The **Level 1 Diploma in Introduction to Health, Social Care and Children's and Young People's Settings** consists of the following units:

### UNIT 01

**Understand the range of service provision and roles within health and social care (adults and children and young people), early years and childcare**

### UNIT 02

**Understand the principles and values in health and social care (adults and children and young people), early years and childcare**

### UNIT 03

**Awareness of protection and safeguarding in health and social care (adults and children and young people), early years and childcare**

### UNIT 04

**Introductory awareness of equality and inclusion in health, social care and children's and young people's settings**



**UNIT  
05**

**Introductory awareness of health and safety in health, social care and children's and young people's settings**

**UNIT  
06**

**Introductory awareness of person-centred support in health, social care and children's and young people's settings**

**UNIT  
07**

**Introduction to communication in health and social care (adults and children and young people), early years and childcare**

**UNIT  
08**

**Introductory Awareness of Working with Others in Health, Social Care and Children's and Young People's Settings**

**UNIT  
09**

**Introductory Awareness of the Importance of Healthy Eating and Drinking for Adults**

**UNIT  
10**

**Self Development**

**UNIT  
11**

**Introduction to Learning Disability**

**UNIT  
12**

**Introduction to Sensory Loss**

**UNIT  
13**

**Introduction to Mental Health**



## How We Support You – Our Support and Delivery Model

Our courses are designed to be accessible, supportive, and suitable for learners at all levels. All learning materials are written in clear, straightforward language to help learners build understanding and confidence.

Courses are delivered entirely through **self-paced distance learning** via our online platform, enabling learners to study flexibly alongside work, education, or personal commitments.

Learners have continuous access to tutor support throughout their course. Tutors can be contacted via the VLE or email, with responses typically provided within 24 to 48 hours.

Additional **on-demand support sessions** may be arranged where required. Regular **live webinars** are also offered, subject to tutor availability, providing opportunities for engagement, questions, and reinforcement of learning.

### Assessment Process

Assessment is completed through:

**Written assignments**

There are **no formal examinations**. Assessment focuses on demonstrating understanding, awareness, and the ability to apply knowledge appropriately.

### Course Duration

The course offers **307 Guided Learning Hours (GLH)** and is delivered through flexible, self-paced learning. It can typically be completed within approximately **9 months**, depending on the learner's own pace. Course access expires after one year, and a re-enrolment charge is applicable.



## Our Process

**01.**

### **Choose & Pay for Your Course Online**

Select your desired course and payment method online. Opt for either full payment or convenient monthly instalments where available. Complete your payment after filling out the application form.

**02.**

### **Fill Out the Enrolment Form**

After payment, you will be prompted to complete the enrolment form. This form gathers all necessary details required for your registration with the awarding organisation.

**03.**

### **Access the VLE – Moodle**

Start your course on our user-friendly Virtual Learning Environment (VLE). Here, you will find all learning materials, resources, and guidance required to support your studies. Your dedicated tutor will guide you through the process and provide feedback throughout your learning journey.

**04.**

### **Submit Assignments & Receive Feedback**

Engage in the learning process by submitting assignments through the VLE. Your assigned tutor will provide constructive feedback to help you refine your work and make progress in your studies.

**05.**

### **Successfully Complete Assignments**

Work diligently to complete all required course components and assessment tasks. Your commitment and effort will contribute to successful course completion.

**06.**

### **Obtain Your Accredited Certificate**

Upon successfully completing the course, your work will undergo internal quality assurance and external verification. Once approved, you will receive an Ofqual-regulated accredited certificate recognising your achievement.



## Course Brochure Takeaways

A nationally  
recognised  
Level 1  
qualification

Introduces key  
knowledge across  
health, social care,  
and children's  
settings

Flexible online,  
self-paced  
study

No exams or  
placement  
requirements

Strong  
foundation  
for progression  
into care and  
childcare  
qualification

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Apply Now