



Excelon  
Learning

Qualification

# Level 1 Certificate in Caring for Children (500/9009/4)

**NCFE**





## Course Description

The **Level 1 Certificate in Caring for Children** is a nationally recognised introductory qualification designed to develop learners' knowledge and understanding of caring for babies and young children. It provides a strong foundation in child development, play, communication, health, and wellbeing, while encouraging positive attitudes towards children and their care.

This qualification is regulated under the **Regulated Qualifications Framework (RQF)** and is suitable for learners with little or no prior experience in childcare. It focuses on building awareness, confidence, and practical understanding rather than professional competence or unsupervised practice. The course supports progression into further study, training, or preparation for future roles within early years and childcare settings.

## Course Structure

The Level 1 Certificate in Caring for Children is made up of a selection of units designed to build understanding across child development, play, health, and communication. The course includes the following **9 units**:

**UNIT  
02**

**Growth and  
Development of  
Young Children**

**UNIT  
03**

**Respecting and  
Valuing Children**

**UNIT  
04**

**Children's Play  
and Leisure  
Activities in  
the Community**

**UNIT  
05**

**Science Activities  
for Young  
Children**

**UNIT  
06**

**Confidence  
Building for the  
Young Child  
Through Play**

**UNIT  
07**

**Healthy Eating  
for Families**

**UNIT  
08**

**Listening to and  
Talking with a  
Young Child**

**UNIT  
09**

**Healthy Living**

**UNIT  
01**

**Sharing Learning  
Experiences with  
Children**



## How We Support You – Our Support and Delivery Model

Our courses are designed to be accessible, supportive, and suitable for learners at all levels. All learning materials are written in clear, straightforward language to help learners build understanding and confidence.

Courses are delivered entirely through **self-paced distance learning** via our online platform, enabling learners to study flexibly alongside work, education, or personal commitments.

Learners have continuous access to tutor support throughout their course. Tutors can be contacted via the VLE or email, with responses typically provided within 24 to 48 hours.

Additional **on-demand support sessions** may be arranged where required. Regular **live webinars** are also offered, subject to tutor availability, providing opportunities for engagement, questions, and reinforcement of learning.

### Assessment Process

Assessment is completed through:

#### Written assignments

There are **no formal examinations and no placement requirements**. Assessment focuses on demonstrating understanding, awareness, and the ability to apply knowledge appropriately at Level 1 standard.

### Course Duration

The course offers **229 Guided Learning Hours (GLH)** and is delivered through flexible, self-paced learning. It can typically be completed within approximately **6 months**, depending on the learner's own pace. Course access expires after one year, and a re-enrolment charge is applicable.



## Our Process

**01.**

### Choose & Pay for Your Course Online

Select your desired course and payment method online. Opt for either full payment or convenient monthly instalments where available. Complete your payment after filling out the application form.

**02.**

### Fill Out the Enrolment Form

After payment, you will be prompted to complete the enrolment form. This form gathers all necessary details required for your registration with the awarding organisation.

**03.**

### Access the VLE – Moodle

Start your course on our user-friendly Virtual Learning Environment (VLE). Here, you will find all learning materials, resources, and guidance required to support your studies. Your dedicated tutor will guide you through the process and provide feedback throughout your learning journey.

**04.**

### Submit Assignments & Receive Feedback

Engage in the learning process by submitting assignments through the VLE. Your assigned tutor will provide constructive feedback to help you refine your work and make progress in your studies.

**05.**

### Successfully Complete Assignments

Work diligently to complete all required course components and assessment tasks. Your commitment and effort will contribute to successful course completion.

**06.**

### Obtain Your Accredited Certificate

Upon successfully completing the course, your work will undergo internal quality assurance and external verification. Once approved, you will receive an Ofqual-regulated accredited certificate recognising your achievement.



## Course Brochure Takeaways

A nationally  
recognised  
Level 1  
qualification

Ideal  
introduction  
to caring for  
children and  
early years  
learning

Flexible online,  
self-paced  
study

No exams or  
placement  
requirements

Supports  
progression into  
further childcare,  
early years, or  
health and social  
care  
qualifications

## Level 1 Certificate in Caring for Children

Apply Now