



Excelon
Learning

Qualification

Level 1 Award in Health and Safety Awareness (600/5207/7)

NCFE





Course Description

The **Level 1 Award in Health and Safety Awareness** is an introductory qualification designed to develop learners' basic knowledge and understanding of health and safety principles in the workplace or learning environment. It introduces the importance of safe working practices, common hazards and risks, and the consequences of poor health and safety management.

This qualification provides a clear foundation in understanding legal responsibilities, risk assessment processes, accident and incident reporting, and the appropriate use of personal protective equipment (PPE). It focuses on awareness and responsibility rather than specialist or supervisory roles and is suitable for learners with no prior health and safety experience.

Course Structure

The **Level 1 Award in Health and Safety Awareness** consists of **one mandatory unit**:



**Introduction to Health and
Safety Awareness in the Workplace**



How We Support You – Our Support and Delivery Model

Our courses are designed to be accessible, supportive, and suitable for learners at all levels. All learning materials are written in clear, straightforward language to help learners build understanding and confidence.

Courses are delivered entirely through **self-paced distance learning** via our online platform, enabling learners to study flexibly alongside work, education, or personal commitments.

Learners have continuous access to tutor support throughout their course. Tutors can be contacted via the VLE or email, with responses typically provided within 24 to 48 hours.

Additional **on-demand support sessions** may be arranged where required. Regular **live webinars** are also offered, subject to tutor availability, providing opportunities for engagement, questions, and reinforcement of learning.

Assessment Process

Assessment is completed through:

Written assignments

There are **no formal examinations**. Assessment focuses on demonstrating understanding of health and safety principles and the ability to recognise and apply safe working practices appropriately.

Course Duration

The course offers **18 Guided Learning Hours (GLH)** and is delivered through flexible, self-paced learning. It can typically be completed within approximately **1 week** and 16 hours, depending on the learner's own pace. Course access expires after one year, and a re-enrolment charge is applicable.



Our Process

01.

Choose & Pay for Your Course Online

Select your desired course and payment method online. Opt for either full payment or convenient monthly instalments where available. Complete your payment after filling out the application form.

02.

Fill Out the Enrolment Form

After payment, you will be prompted to complete the enrolment form. This form gathers all necessary details required for your registration with the awarding organisation.

03.

Access the VLE – Moodle

Start your course on our user-friendly Virtual Learning Environment (VLE). Here, you will find all learning materials, resources, and guidance required to support your studies. Your dedicated tutor will guide you through the process and provide feedback throughout your learning journey.

04.

Submit Assignments & Receive Feedback

Engage in the learning process by submitting assignments through the VLE. Your assigned tutor will provide constructive feedback to help you refine your work and make progress in your studies.

05.

Successfully Complete Assignments

Work diligently to complete all required course components and assessment tasks. Your commitment and effort will contribute to successful course completion.

06.

Obtain Your Accredited Certificate

Upon successfully completing the course, your work will undergo internal quality assurance and external verification. Once approved, you will receive an Ofqual-regulated accredited certificate recognising your achievement.



Course Brochure Takeaways

A nationally
recognised
Level 1
qualification

Essential
introduction to
workplace health
and safety

Flexible online,
self-paced
study

No exams or
placement
requirements

Suitable for
learners across
all sectors
and pathways

Level 1 Award in Health and Safety Awareness

Apply Now